

**ASIAN COALITION PRESENTS ANNUAL COMMUNITY FORUM**  
**By Karen Zarsadiaz-Ige, LACDMH Public Information Officer**



On Wednesday, April 8, 2015, the Los Angeles County Department of Mental Health's (LACDMH) Asian Coalition presented its third annual community forum entitled *Breaking the Silence on Asian American Mental Health: Every Mind Matters, Each Life Matters*.

The event was held at the California Endowment in downtown Los Angeles. The program started with a welcome and positive affirmation by Emily Wu Truong and Shirley Huey who served as the emcee.



The day continued with the following presentations: *The Asian Coalition Then & Now* by Raymond Kaneko and Emily Wu Truong; *Taking Care of Mom as a Tween: The*

*Effects of Intergenerational Trauma* by Michi Fu, Pacific Clinics; *Profiles of Hope: Personal Stories of Hope & Resilience*, moderated by Danny Lee, Free Minds United and told by Malia Javier Fontecchio, Project Return Peer Support Network, Insung Phil Cho, author of *Twin Towers Los Angeles*, and Pam Inaba, Steering Committee Chair, LA County Client Coalition; *Practical Coping Skills for Living in an Insane World* by Lina Lee, Buddhist Tzu Chi Medical Foundation; *Navigating Stigma & Mental Health Advocacy in the Asian Communities*, moderated by Avni Parikh, Let's Hope International and told by Nancy Eng, National Alliance on Mental Illness, San Gabriel Valley, Emily Wu Truong, Mental Health Advocate, and Esther Lim, Jails Project Director, American Civil Liberties Union; and, lastly, *Our Lime Green Stories: Why Work in Mental Health?*, moderated by Libby Hartigan, SHARE! and told by Scott Hanada, LACDMH, Connie Chung Jo, Korean American Family Services, and Larry Lue, Los Angeles County Mental Health Commissioner.

More than 80 people were registered for this year's day-long event.

